

Nd:YAG Capsulotomy Induced Pupillary Block Glaucoma- A Rare Case Report

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ABSTRACT

A 70-year-old female reported with complaints of defective vision in both eyes. Ophthalmological examination of both eyes revealed well-centred Posterior Chamber Intraocular Lens (PCIOL), thin membranous Posterior Capsular Opacification (PCO) with no signs of inflammation, myopic fundus and normal Intraocular Pressure (IOP). She had history of uneventful cataract surgery in both eyes four years back and was on treatment for diabetes mellitus and chronic obstructive pulmonary disease. PCO was managed with Nd: YAG capsulotomy in both eyes. After ten hours, patient reported back with severe headache, right-sided periorbital pain and profound diminution of vision. Examination revealed corneal oedema, shallow Anterior Chamber (AC) and raised IOP in her right eye. Patient was admitted and treated with parenteral and local IOP lowering agents and cycloplegic agents. Once the IOP was lowered and cornea cleared, slit lamp examination revealed vitreous blocking the pupil resulting in secondary angle closure which was confirmed by Anterior Segment Optical Coherence Tomography (AS-OCT). Nd:YAG LASER peripheral iridotomy was done to relieve the pupillary block. This is presented as a rare case of pupillary block following Nd:YAG capsulotomy in the presence of well-centred PCIOL.

Keywords: Intraocular pressure, Posterior chamber intraocular lens, Pupillary block

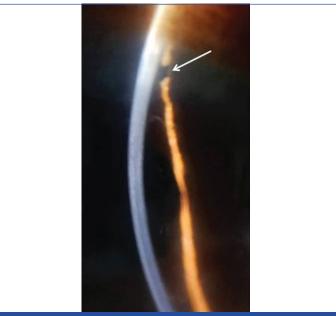
endothelium [Table/Fig-3].

CASE REPORT

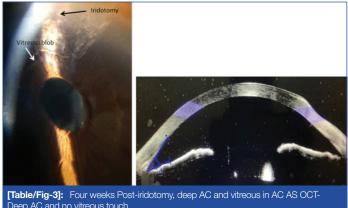
A 70-year-old female patient reported at ophthalmology clinic with complaint of defective vision in both eyes. She had history of uneventful cataract surgery four years back elsewhere and was on treatment for diabetes mellitus and chronic obstructive pulmonary disease. On examination, her Best Corrected Visual Acuity (BCVA) was 6/12 in both eyes. Anterior segment revealed quiet eyes, pseudophakia with thin membranous PCO and posterior segment revealed myopic fundus in both eyes. IOP was normal in both eyes. As the PCO was visually significant, Nd: YAG capsulotomy was done in both eyes after obtaining the informed consent. Four shots with 2.3 milliojoules (mJ) energy were used to create a 4.5 mm sized central posterior capsular opening. Energy was titrated starting from 0.5 mJ. IOP measured after the successful procedure was found to be within normal limits. Ten hours post procedure, patient complained of severe headache and pain around her right eye with decreased vision. Vision in right had reduced to hand movements and left eye improved to 6/9. Examination of right eye revealed corneal oedema, shallow AC and IOP of 58 mm Hg and left eye revealed clear cornea, deep AC and normal IOP. Patient was diagnosed to have either acute angle closure or malignant glaucoma and was treated with intravenous injection of 20% mannitol at 1 mg/ kg dose, oral acetazolamide 250 mg four times a day and topical IOP lowering agents and cycloplegic agents. Once the IOP lowered and cornea cleared, slit lamp examination revealed vitreous blocking the pupil resulting in secondary angle closure which was confirmed by AS-OCT [Table/Fig-1]. Nd:YAG LASER peripheral iridotomy was done which promptly relieved the angle closure [Table/Fig-2]. Postiridotomy, the patient recovered well. At four weeks follow-up the BCVA in the right eye was 6/9 with deep AC and 15 mm Hg IOP.



AS OCT confirmed deep AC and no vitreous touch to the corneal



[Table/Fig-2]: Pupillary block relieved Post-iridotomy. White arrow shows patent



Deep AC and no vitreous touch.

DISCUSSION

Nd:YAG LASER is known to disrupt the anterior vitreous face during capsulotomy [1]. Anterior vitreous face is damaged in around 20% of cases which had undergone capsulotomy [2]. But a well-placed PCIOL would prevent the vitreous prolapse. Though there were instances where vitreous had prolapsed into AC in eyes without implants and in eyes with AC intraocular lens or subluxated lenses the occurrence of pupillary block in cases with well-centred PCIOL is rare [3-6]. In the present case, in spite of presence of a well-centred PCIOL, vitreous prolapsed into the AC and blocked the pupil resulting in secondary angle closure which is a rare complication. The occurrence could be due to degenerated vitreous of a myopic eye.

Probably, the first case of pupillary block following capsulotomy with PCIOL was reported more than 35 years back and the second case reported in 2004 resulted in corneal decompensation which required corneal transplant [7,8]. In the present case, the clinical signs were picked up promptly and the treatment was directed towards the aetiology. Timely management averted further complications.

To the best of our knowledge there are only three cases reported worldwide and none reported in this part of the world (PubMed search). This case shows the importance of anticipating pupillary block after Nd:YAG capsulotomy even in a case with well-centred PCIOL though it is a rare occurrence [7-9].

CONCLUSION(S)

Pupillary block glaucoma after Nd:YAG capsulotomy in a case of PCIOL is very rare owing to the barrier effects of PCIOL and integrity of anterior vitreous face. Nevertheless, the rare complication must be anticipated in such cases to avert more serious complication.

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